



KIDS & YOUTH

CLASS	SCHEDULE		TIME	MEMBER FEE				NON-MEMBER FEE			
				1x Week	2x Week	Per Class	Per Month	1x Week	2x Week	Per Class	Per Month
Ballet	Monday	3 - 5 yr	15:30 - 16:15	3,300 / m	5,500 / m	1,100		5,500 / m	8,800 / m	2,200	
		Over 7 yr	16:20 - 17:20	3,300 / m	5,500 / m	1,100		6,600 / m	8,800 / m	2,200	
		Advanced	17:20 - 18:20	3,300 / m	5,500 / m	1,100		6,600 / m	8,800 / m	2,200	
	Thursday	4 - 6 yr	15:30 - 16:15	3,300 / m	5,500 / m	1,100		6,050 / m	8,800 / m	2,200	
		Over 7 yr	16:20 - 17:20	3,300 / m	5,500 / m	1,100		6,600 / m	8,800 / m	2,200	
		Advanced	17:20 - 18:20	3,300 / m	5,500 / m	1,100		6,600 / m	8,800 / m	2,200	
Hula	Saturday	Kids & Youth	10:00 - 10:50			1,320				1,650	
Volleyball	Friday	Beginner	18:15 - 19:15			Free				1,600	
		Advanced	19:15 - 21:00			Free				1,600	
Soccer	Sunday	5 - 11 yr	9:30 - 10:30			Free				1,600	

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Acupuncture	Monday Friday	14 - 17 yr	11:00 - 19:00			5,500				6,600	
		13 Below				3,300				3,960	
Basketball	Thursday	6 - 11 yr	16:00 - 18:30			Free				1,540	
Rugby	Tuesday	Above 12	18:00 - 19:00			Free				1,540	7,920 / m
	Sunday		10:00 - 11:00			Free				1,540	7,920 / m
Swimming	By Reservation	3 yr +	By Reservation			3,300					
Judo	Sunday	Kids	8:30 - 9:30			1,650	6,600 / m			2,200	
Shodo	Thursday	Kids	17:00 - 18:00			1,650	6,050 / m			1,980	7,260 / m
		Youth	17:00 - 18:00			3,080	11,550 / m			3,630	13,860 / m
Pickleball	Saturday	6 - 11 yr	11:00 - 12:00			2,000				3,000	

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Samurai Sword	Wednesday	5 - 12 yr	18:00 - 19:00				8,800 / m				11,000 / m
		12 - 15 yr	19:20 - 20:20				11,000 / m				13,200 / m
Jazz Dance	Saturday	7 yr & up	12:30 - 13:20			2,800	9,200 / m			3,200	11,000 / m
Soccer Academy	Wednesday	6 - 9 yr	16:30 - 17:20	Online Registration ONLY https://ycac.jp/ycac-soccer-academy							
		10 - 12 yr	17:30 - 18:30								
		U15 / U18 Girls Team	18:40 - 20:00								
Basketball Academy	Monday & Wednesday	Middle School / High School	18:00 - 20:00	Online Registration ONLY https://ycac.jp/ycac-basketball-academy							

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Ballet	Friday	11:00 - 12:15	1,320			2,200		
	Sunday	13:30 - 14:45	1,320			2,200		
Acupuncture 18+	Monday / Friday	11:00 - 19:00	7,700			9,240		
Volleyball	Friday	19:15 - 21:00	FREE			1,600		
Ikebana	Tuesday	10:30 - 15:30	1,650			2,420		
Shodo	Thursday	17:00 - 18:00	3,080	11,550 / m		3,630	13,860 / m	
Judo	Sunday	8:30 - 9:30	2,200	8,800 / m				
Chuck Personal Training	By Reservation	1 hour	7,920	2x Group 11,000	3x Group 16,500	9,680	2x Group 12,100	3x Group 18,150
Dan Personal Training	By Reservation	1 hour	7,920	2x Group 11,000				
		45 min	6,325	2x Group 9,020				

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Yoga	Wednesday (Sophie)	9:00 - 9:45	1,430			1,980		
	Saturday (Yuki)	10:30 - 11:45	1,540			1,870		
	Sunday (Rie)	10:30 - 11:30	1,430			1,980		
Latin Dance	Sunday	11:30 - 12:30	2,200			3,300		
Ladies Jazz Dance	Saturday	13:30 - 14:25	3,000	11,200 / m		3,600	13,500 / m	
Les Mills Body Combat	Wednesday	10:00 - 10:45	FREE			2,200		
Les Mills Body Balance	Thursday	19:00 - 19:45	FREE			2,200		
Les Mills Body Attack	Saturday	9:30 - 10:15	FREE			2,200		
Pickleball Beginner	Wednesday	9:00 - 10:00	3,000			4,000		
Pickleball Intermediate	Wednesday	10:00 - 11:00	3,000			4,000		

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Pickleball Private Lesson	By Reservation email: sports@yacac.jp	1 hour	4,000			5,000		
Tanikawa Spot Lesson			4,400			5,500		
Milos Weekday Group	Weekday	1 hour 30 min	3,800	11,000 / m		4,600	13,200 / m	
Tanikawa Weekday Group		1 hour 30 min	2,750			3,300		
Milos Private Lesson	By Reservation	1 hour	9,900	31,680 / m		13,200	39,000 / m	
Tennis Semi Private Lesson	By Reservation	1 hour	3,960					
Tennis Private Lesson	By Reservation	1 hour	7,920			9,680		
Tennis Private Lesson	By Reservation	45 min	5,940					
Tennis Private Lesson	By Reservation	1 hour 30 min	11,880					
Tennis Weekend Group	Weekend			14,850 / m			17,820 / m	

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YC&AC INSTRUCTORS

KIDS & ADULT BALLET Emma Ishii

LATIN DANCE Billy Santos

KIDS & ADULT HULA Nozomi Watanabe

IKEBANA Naohiro Kasuya

LES MILLS Kaho Saito

SHODO Shoushin Kato

SAMURAI SWORD FIGHTING Yamato

PERSONAL TRAINING Danny Mullaney | Contact: dan_mullaney@hotmail.com to make a reservation

PERSONAL TRAINING Chuck Wilson | Contact: nbwilson@gol.com to make a reservation

PICKLEBALL Lina Ito

JAZZ Kasumi Nakamura

JUDO Chuck Wilson

YOGA Yuki Otake

YOGA Sophie Geddie

YOGA Rie

ACUPUNCTURE Anna Kosugi | Contact: ycac.acu@gmail.com to make a reservation

YOUTH RUGBY Ryutaro Kawajiri

TENNIS WEEKDAY GROUP Coach Milos Dimic & Coach Yoshio Tanikawa

TENNIS ADVANCE GROUP Coach Milos Dimic

TENNIS WEEKEND ADULT GROUP LESSON Coach Yoshio Tanikawa

TENNIS PRIVATE LESSONS Coach Milos Dimic & Coach Yoshio Tanikawa