

# YC&AC MEMBER PRICES

YOKOHAMA COUNTRY & ATHLETIC CLUB

6 SESSIONS / WEEK

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- TOURNAMENT

50,490

## NON MEMBER PRICES

6 SESSIONS / WEEK

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- TOURNAMENT

59,400

### TRAILS

#### **ONE TIME TRIAL**

- Free of Charge - 2 hour session

#### **WEEKLY TRIAL**

Get to know our methodology and our training system

- Monday to Friday 6pm to 9pm / ¥22,000

### SUMMER VISITOR PROGRAM

#### **SUMMER PRICES FOR INTERNATIONAL PLAYERS**

- One week practice - ¥22,000 / 5 sessions
- Two weeks practice - ¥44,000 / 10 sessions
- Monthly practice - ¥77,000 / 20 sessions

# SCHEDULE

YOKOHAMA COUNTRY & ATHLETIC CLUB

## WEEKDAYS

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17:30 - 21:00

MONDAY TO FRIDAY

## WEEKENDS

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15:00 - 17:00

## PROGRAM COACHES

Program Coordinator

MILOS DIMIC : m.dimic@ycac.jp

Head Coach

YOSHIO TANIKAWA : y.tanikawa@ycac.jp

Conditioning Coach

RYOSUKE FURUYA : r.furuya@ycac.jp