

YC&AC WEEKEND ADULT TENNIS PROGRAM

MONTHLY ADULT GROUP TENNIS
PROGRAM

HOUR AND HALF OF TENNIS
MOVEMENT AND STROKE TRAINING

6 PLAYERS PER COURT

BILINGUAL TENNIS COACH

SATURDAY & SUNDAY

5:00pm to 9:30pm

YC&AC HARD COURT 5

CONTACT

tennisprograms@ycac.jp

(045) 623-8121

COACH RYOSUKE

YC&AC TENNIS ACADEMY CONDITIONING AND JUNIOR PROGRAM COACH

LICENSED **CSCS**
GRADUATE SCHOOL OF SPORTS
SCIENCE, WASEDA UNIVERSITY
PH.D. KINESIOLOGY (NEUROSCIENCE)



WEEKEND ADULT GROUP LESSONS

SCHEDULE AND PRICES

GROUP	SATURDAY	SUNDAY	MONTHLY PRICE / 4 SESSIONS
BEGINNER	5:00PM - 6:30PM	5:00PM - 6:30PM	YC&AC MEMBERS - ¥14850 (tax incl.)
INTERMEDIATE	6:30PM - 8:00PM	6:30PM - 8:00PM	
ADVANCED	8:00PM - 9:30PM	8:00PM - 9:30PM	NON MEMBERS - ¥17820 (tax incl.)

YC&AC WEEKEND ADULT TENNIS PROGRAM

土曜日 & 日曜日

5:00pm to 9:30pm

YC&AC HARD COURT 5

大人向けのテニスプログラム (月単位)

テニスの動きやストロークを90分間、練習

1コート6名様まで

バイリンガルなテニスコーチ

CONTACT

tennisprograms@yac.jp

(045) 623-8121

費用、コーチ、登録等の
詳細はこちらのQRコードを
ご確認ください！



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WEEKEND ADULT GROUP LESSONS

日時と価格

クラス	土曜	日曜	月額 / 4 レッスン
初級	5:00PM - 6:30PM	5:00PM - 6:30PM	YC&AC 会員 ¥14850 (税込)
中級	6:30PM - 8:00PM	6:30PM - 8:00PM	
上級	8:00PM - 9:30PM	8:00PM - 9:30PM	非会員 ¥17820 (税込)