



**YC&AC
JUNIOR
TENNIS
ACADEMY
PROGRAM**



**WELCOME
NOTE**

WELCOME TO YC&AC TENNIS

INTERNATIONAL ENVIRONMENT THAT INSPIRES

YCAC can be considered as one of the earliest tennis clubs in Japan and cradle of the tennis development in Japan.

At our tennis academy, we have the same driving force to innovate the approach in teaching to help our players in developing the life commitment to the tennis game.



YC&AC TENNIS ACADEMY HISTORY

Established in the mid of 2010s, YC&AC Tennis Academy grew generations of junior players to highest regional and national rankings.

At YC&AC Tennis Academy, we have developed a successful platform for mental and physical development of our players from the beginner to the competitive level.

We guide our players to identify and manage their athletic and personal talents by encouraging a mindset of consistent physical and mental growth.

YCAC TENNIS ACADEMY

THE LEGACY



ALL JAPAN CHAMPIONSHIPS PLAYERS,
KANTO CHAMPIONSHIPS PLAYERS,
KANAGAWA AND CHIBA TOP RANKING POSITIONS
UNDER 12, 14, 15, 16 AND 18
INTER-HIGH NATIONAL CHAMPIONSHIPS FINALIST
YOKOHAMA HIGH SCHOOL CHAMPIONSHIPS WINNER

THE LARGEST REGIONAL INTERNATIONAL TENNIS ACADEMY

PERFECT BLEND OF THE LATEST SPORTS SCIENCE
KNOWLEDGE WITH EXTENSIVE COACHING
EXPERIENCE

ENJOYABLE BUT CHALLENGING ENVIRONMENT

ON COURT AND OFF COURT PRACTICE

ENGLISH AND JAPANESE SPEAKING COACHES

USTA SAFEPLAY APPROVED SERVICE PROVIDER

YC&AC JUNIOR TENNIS ACADEMY PILLARS OF SUCCESS

BUILDING A LONG TERM LOVE
AND COMMITMENT FOR THE
GAME

ENJOYABLE BUT HIGHLY
CHALLENGING TRAINING
GOALS AND TASKS

PROFESSIONAL TRAINERS
WITH JUNIOR DEVELOPMENT
ACHIEVEMENTS AND HIGHEST
EDUCATIONAL BACKGROUNDS



LOVE,
COMMITMENT,
DEVELOPMENT

CHALLENGE,
MOTIVATION,
IMPROVEMENT

EXPERIENCE,
EDUCATION,
ENTHUSIASM

**MEET THE
COACHING TEAM
BEHIND
OUR SUCCESS**

YC&AC JUNIOR PROGRAM COORDINATOR

A man in a dark blue t-shirt and light blue shorts stands on a tennis court. He is flanked by two children. The child on the left is wearing a red shirt and dark shorts, holding a certificate. The child on the right is wearing a yellow shirt and dark shorts, also holding a certificate. The background shows a tennis court with a fence and some trees in the distance.

MILOS DIMIC

SPORTS NEUROSCIENCE PHD, WASEDA UNIVERSITY

USPTA ELITE PROFESSIONAL

**USPTA SPECIALIST IN SPORTS SCIENCE AND TENNIS
FITNESS**

SPECIALTY COACH IN JAPAN

WORLDWIDE LECTURER / PRESENTER

YC&AC JUNIOR PROGRAM COACHES



JAVIER KAYASHIMA

**PTR PROFESSIONAL COACH
JTA / ITF CIRCUIT TOUR
UTR RANKING 10.0**



RYOSUKE FURUYA

**JPTA TENNIS PROFESSIONAL
NSCA CONDITIONING COACH
PHD SPORTS NEUROSCIENCE**

PROGRAM SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNIOR C AGE 4-6	X	4:00 - 5:00	X	4:00 - 5:00	4:00 - 5:00
JUNIOR B AGE 6-9	5:00 - 6:30	5:00 - 6:30	5:00 - 6:30	5:00 - 6:30	5:00 - 6:30
JUNIOR A AGE 9-12	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30	6:30 - 8:30
JUNIOR T AGE 12-18 (INVITATION)	6:30 - 9:00	X	6:30 - 9:00	X	6:30 - 9:00

PROGRAM FEES

		1/week	2/week	3/week
YC&AC MEMBERS	JUNIOR C	¥13,464	¥17,952	X
	JUNIOR B	¥19,074	¥23,562	¥26,928
	JUNIOR A/T	¥22,440	¥26,928	¥31,416
NON MEMBERS	JUNIOR C	¥15,840	¥21,120	X
	JUNIOR B	¥22,440	¥27,720	¥31,680
	JUNIOR A/T	¥26,400	¥31,680	¥36,960

CONTACT US

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TRIAL / PROGRAM REGISTRATION:

<https://ycac.jp/tennis-academy/>